

B·SYNC

MANUAL

WELCOME TO THE B·SYNC COMMUNITY



SASCHA FRITSCHÉ

Co-founder & CEO

We are excited to have you on board and introduce you to our first product B·SYNC ON. An innovation we have been working on for the better part of the last four years.

We are thrilled that you have chosen our product, and we sincerely believe we can help you to start your day better with B·SYNC ON.



Studies show that 70% of the population experience a difference of more than one hour between their lifestyle and their inner clock, which means they wake up feeling tired.

We decided that we had suffered long enough. As scientists, we started to work on a supplement that kicks in just before you want to wake up. We finally found the perfect mix of ingredients and combined it with our patented delayed-release technology.

And here we are! Helping you tomorrow and every day after to wake up with ease.

CLINICALLY TESTED* BENEFITS

We have come up with the perfect mix of safe and trusted ingredients to make sure you feel your best from the moment you wake up. When released at the right point in time, the unique combination of Caffeine, Vitamin B5 and B12 as well as Zinc work together to reduce fatigue, boost your mental performance, sharpen your focus, and elevate your mood.

* In our clinical study with humans we have proved the efficacy and safety of B-SYNC ON. B-SYNC ON can increase your mood and performance throughout the day, while reducing the physical and psychological effects of poor sleep and sleep inertia. Grogginess, drowsiness and cognitive impairment after waking can be successfully reduced through taking B-SYNC ON. Our study has been published in Scientific Reports (nature.com).



DR. DARIO DORNBIERER

Co-founder & CSO

A handwritten signature in black ink that reads "Dario".

YOUR BENEFITS

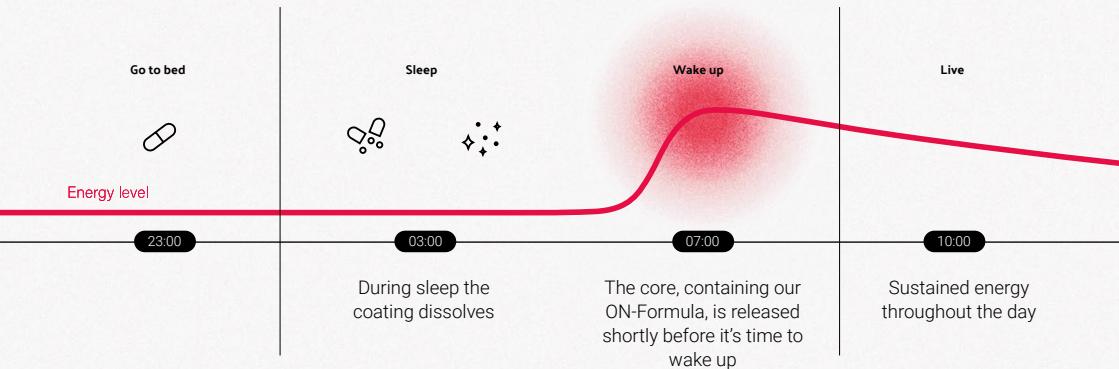


- † Supports you in your wake-up phase.
- † Elevates your mood while reducing negative emotions.
- † Improves your concentration, alertness and performance.
- † Contributes to the reduction of tiredness and fatigue.
- † Helps to align your circadian rhythm to your schedule.

SYNCHRONISE YOUR INNER CLOCK

Taken before bedtime, our patented technology ensures that the ingredients are released

shortly before awakening to give you a physical and mental boost to start your day.



HOW TO USE IT

1

Swallow one (1) capsule whole with half a glass of water before going to bed. We recommend you don't eat anything 2 hours prior.

2

Sleep. While you sleep the coating of the capsule will dissolve slowly without releasing its core.

3

After a full night's sleep (~7h) the ingredients are released and you will wake up with ease.

4

Our clinical studies suggest it can substantially help you after a single dose, though daily intake helps align your inner clock with your lifestyle.

LEAVE YOUR FEEDBACK

We very much welcome your feedback to improve our products and your experience.

Please send us an email with your questions and feedback to support@b-sync.life

Make sure to follow us online



WAKE UP WITH EASE

